

Canadian Mental Health Association Haliburton, Kawartha, Pine Ridge Programs and Services

2SLGBTQ+ Youth Peer Support ●

In partnership with Point in Time, this program assists youth ages 12-25 who are questioning or exploring their gender and/or sexual orientation by offering guidance on 2SLGBTQ+ topics such as identity, healthy relationships, self-advocacy, gender affirming care, community resources, and more.

9-8-8 ●●●●

988 is Canada's Suicide Crisis Helpline. Anyone can call or text 988, anytime, for free and confidential support. Trained responders listen with care, help people through difficult moments, and connect them to local supports if needed.

Assertive Outreach of Suicide Prevention (AOSP) ●●

The Assertive Outreach for Suicide Prevention program is attached to Peterborough Regional Health Centre and Ross Memorial Hospital. The program provides assertive follow-up to individuals who have made a serious suicide attempt. Referral is only via the hospital.

At Work/Au Travail Employment Program ●●●●

Designed to provide specialized vocational assistance to those seeking opportunities to enter or reintegrate into the workforce.

Brief Mental Health Services ●●●●

This program provides brief mental health supports to individuals experiencing a mental health crisis. Referrals to the program are only accepted from community agencies using the referral form.

Community Engagement and Education ●●●●

Delivers mental health education and training for youth, adults, families, community groups, and workplaces. Programs range from free public sessions to certificate courses and customized workplace training, building knowledge, resilience, communication skills, and supportive environments to reduce stigma and improve community well-being.

Community Homes for Opportunity (CHO) ●●●●

A supportive housing program for people with serious mental illness located in the City of Kawartha Lakes (Fenelon Falls, Lindsay, and Kirkfield) and is open to all individuals.

Dual Diagnosis Case Management ●

Supports adults living with a dual diagnosis (developmental disability and mental health issues) through a Supported Independent Living (SIL) program. Intake is completed through Developmental Services Ontario.

Dual Diagnosis Collaborative Consultation Program ●●●●

DDCCP consists of an on-site Psychiatrist in addition to a multi-disciplinary team. Referral to DDCCP is via a health care provider.

H.O.P.E. Learning Centre ●●●●

The H.O.P.E. Learning Centre provides educational courses about mental health and well-being that promote recovery, hope, empowerment, possibility, and connection.

Hospital to Home ●●

The Hospital to Home program is attached to Peterborough Regional Health Centre and Ross Memorial Hospital. The program provides short-term follow-up to individuals who visit the emergency department multiple times for mental health reasons. Referral is only via the hospital.

Journeying Together Family Support ●●●●

A family education support worker provides education and support to caregivers and family members of individuals with mental health concerns.

Service Area Legend

Peterborough and County ●
Kawartha Lakes ●

Northumberland ●
Haliburton ●



Canadian Mental Health Association
Haliburton, Kawartha, Pine Ridge
Mental health for all

466 George Street North, Peterborough, ON
415 Water Street, Peterborough, ON
33 Lindsay Street South, 2nd Floor, Unit C, Lindsay, ON

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Justice Services ●●●●

The Court Support Program assists individuals with mental health issues who become involved with the justice system. The Release from Custody program partners with community agencies to plan and provide short-term case management services immediately following release to prevent further involvement in the justice system.

Lynx Early Psychosis Intervention ●●●●

CMHA HKPR is one of six partner agencies in a four county rapid response treatment and education service for young people (ages 14-35), in the early stages of a psychotic illness, and their families. Early identification, assessment and treatment leads to significantly improved outcomes.

Mental Health Employment Consultants ●●●●

Work collaboratively with employment agencies through the delivery of mental health consultation, group facilitation and informational sessions related to vocational supports.

Mental Health Services ●●●●

Provide support to individuals experiencing chronic mental health symptoms that impede day-to-day functioning. Services include up to six months of counseling to develop skills to help lessen the impact of psychological distress on daily functioning.

Mental Health Walk-in Clinic ●●●●

Provides real-time connection to a mental health worker who can assess and connect individuals with appropriate care. Clinics are located at 466 George Street North in Peterborough, 33 Lindsay Street South, Unit C, in Lindsay, and 6 McPherson Street in Minden.

Mobile Crisis Intervention Team ●●●●

This program partners with local police services and the OPP, providing a mental health worker who accompanies officers and responds to calls involving individuals experiencing a mental health crisis.

Psychiatry and Telemedicine Clinic ●●●●

Provides timely and responsive access to general psychiatrists and mental health nurses for those 16 years and older.

Safe Beds ●●●●

This program offers a short-term stay in a safe and supportive residential home. It is open to individuals 16 years or older. Safe Beds is a non-medical, voluntary facility, and there is no cost to participate.

Supportive Housing ●●●●

Provides individualized mental health support and housing options for those with a serious mental illness, justice involvement and/or a dual diagnosis. All housing program applicants must qualify for support services prior to making a housing application.

The Road Ahead Mobile Wellness Clinic ●●●●

Provides mental health and addictions care to individuals in remote and rural locations. Two specially designed clinic vehicles travel to rural communities to serve people facing barriers to existing supports.

Trans Peer Outreach ●●●●

Offers supports and services for transgender and gender diverse people, to assist them to improve the quality of their lives through the provision of community-based, client centered care that supports positive interdependence. Services are delivered by people with lived experience as a transgender or gender-diverse person, and who also may have experience living with a mental health concern.

Trustee ●●

Provides financial management programs for individuals whose mental health impacts their ability to manage their finances. Assist clients with budgeting, paying bills, housing, creditor advocacy, debt reduction, developing savings and more. The program aims to strengthen financial literacy skills and help clients move toward greater financial stability and independence.



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cmhahkpr.ca



866-990-9956



Scan the QR code to find the program that's right for you

