

Trans Peer Outreach

Resources For Service Providers

Trans Health Knowledge Base

Compiled on Rainbow Health Ontario's website, provides answers to frequently asked questions about transgender health concerns: <https://www.rainbowhealthontario.ca/lgbt2sq-health/trans-health-knowledge-base/>

Rainbow Health Ontario's Online Resource Library

Has the most relevant and reliable 2SLGBTQ+ health resources within the last five years: <https://www.rainbowhealthontario.ca/lgbt2sq-health/resource-library/>

Trans Health Mentorship Call

A bi-monthly lunch-hour conference call for service providers to drop in and ask questions about how to support their transgender clients. Register and find archived call notes <https://learn.rainbowhealthontario.ca/>

Sherbourne Health Centre's Guidelines for Gender Affirming Primary Care

A comprehensive guide to help health care providers support their transgender and non-binary patients: <https://www.rainbowhealthontario.ca/product/4th-edition-sherbournes-guidelines-for-gender-affirming-primary-care-with-trans-and-non-binary-patients/>

SAMHSA's A Practitioner's Resource Guide: Helping Families to Support their LGBT Children

A practical guide to understanding the critical role of family acceptance and rejection in contributing to health of 2SLGBTQ+ youth: www.familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBTChildrenGuidance.pdf

Trans PULSE Canada

Conducts surveys on the health and well-being of transgender and non-binary people. Published data and interpretive reports are available at: <https://transpulsecanada.ca/>

Hamilton Trans Health Coalition

A group of health care providers working to build capacity in Hamilton's primary health care system. They provide a variety of educational workshops for healthcare professionals on trans-related care: <https://hamiltontranshealth.ca/>



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World Professional Association for Transgender Health (WPATH) Standards of Care for the Health of Transsexual, Transgender, and Gender Non-Conforming People

A document that provides clinical guidance for health professionals to assist trans and nonbinary people with safe and effective pathways to achieving lasting personal comfort with their gendered selves:

www.wpath.org/media/cms/Documents/SOC%20v7/SOC%20V7_English2012.pdf?t=1613669

trans-LINK

A provincial network for service providers who support transgender survivors of sexual violence:

<https://www.translinknetwork.com/>

Transgender Training Institute

A trans-owned business based in Philadelphia that provides a wide variety of webinars and classes for service providers, which are eligible for Continuing Education credits with many credentialing bodies:

<https://www.transgendertraininginstitute.com/>

Trans Wellness Ontario (226-674-4745 or reception@transwellness.ca) – www.transwellness.ca

A trans and queer community health and support centre that aims to enhance and sustain the health and wellness of the trans/non-binary communities and their families. Provides custom 'Build a Programs' specific to your organization. To request a Build-A-Program for your organization, visit:

<https://www.transwellness.ca/build-a-program>

Trans Wellness Ontario also provides a range of education sessions, including an Allyship Seminar, Diversity Training, presentations from individuals with lived-experience, and consultation services. For more information on educational programs, please email education@transwellness.ca.



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