

gender journeys



October 2020



Egale LGBTQI2S youth (14-24) survey

- <https://tinyurl.com/y2okk8ux>

How to Support you Child Exploring their Gender During the Pandemic

- <https://tinyurl.com/y9re99q2>

2SLGBTQ+ Among the TIME Magazine 100 Icons

- <https://tinyurl.com/y2jje5lo>

 @genderjourneysHKPR

 @genderjourneys

 @genderjourneys



A Message from your Gender Journeys Team

Greetings community members,

The beautiful fall sun and cool days are here. Some of us love the comfort that brings sweater and jacket weather and some of us are grieving the warm summer days spent outside on a walk with friends or at the beach enjoying a swim. Wherever you are, know that it only takes a moment to reach out and make connections to either loved ones or new people. COVID 19 precautions can make connections to others more complicated. At Gender Journeys through our virtual groups we are working to help you stay connected and excited about meeting other people. Our virtual groups started at the end of September but it is still not too late to join us.

In October, livestreams have ended (for now) and we are focusing on running our groups, working with schools, colleges and universities to support students, offering 1:1 support and collaborating with our community partners to organize Trans Day of Remembrance on Friday November 20th, 2020. We also provide trans sensitivity training for organizations and school/classes! Please do not hesitate to reach out to us with questions and/or requests at genderjourneys@cmhahkpr.ca and/or follow us on social media.

Warm regards
Gender Journeys Staff

**SEE THE NEXT PAGE FOR MORE DETAILS ABOUT
WHAT'S HAPPENING AT
GENDER JOURNEYS!**



News and Events

- We are revamping our online presence. To get in contact with us please email us directly at genderjourneys@cmhahkpr.ca or call us at 705-748-6711 extension 2100.
- The Peterborough Community Legal Center has a Trans ID Clinic which is a remote service that offers legal information and form-filling services for people who would like to apply for their government- issued identification to more accurately represent their gender name and marker. Call the Peterborough Community Legal Center at 705-749-9355 for more information.
- **Gender Journeys Research Project**
 - Gender Journeys is conducting a research project to identify support needs for people part off the trans and gender non-conforming community. The survey is open to anyone in the trans community and their loved ones, we are offering a \$25 incentive for those who complete the survey. Contact us at genderjourneys@cmhahkpr.ca for more info and/or to participate.

Upcoming Gender Journeys Virtual Groups

We still have open spots for our fall groups. Here are the descriptions and dates of groups that we are currently offering:

Core Group: 4:30-6:30 p.m. Wednesdays from Sept. 30 through Nov. 18

This is a group for adults exploring gender identity and expression. We provide up-to-date information about a variety of topics and the experience of transitioning. The group also fosters community support and connection.

Family Group: 4:30-6:30 p.m. Thursdays from Oct. 1 through Nov. 19

This is a group for parents, grandparents, other relatives, or caregivers of a transgender or gender expansive person who are feeling isolated or want to lend support. The group provides education and support through reading materials and open discussion.

Youth Group: 4:30 to 6:30 p.m. Tuesdays from Sept. 29 through Nov. 17

This is our Core curriculum designed specifically for youth ages 12-17 exploring gender identity and expression. Topics include: accepting and celebrating your true self; coming out to family and friends; dealing with discrimination; accessing health care.



Continued on next page.

Upcoming Gender Journeys Virtual Groups (continued)

SEEDS: Dates and time TBD for Winter 2021

This is a four week educational series for trans and non-binary people focused on developing skills to heal from experiences of sexual violence and trauma.

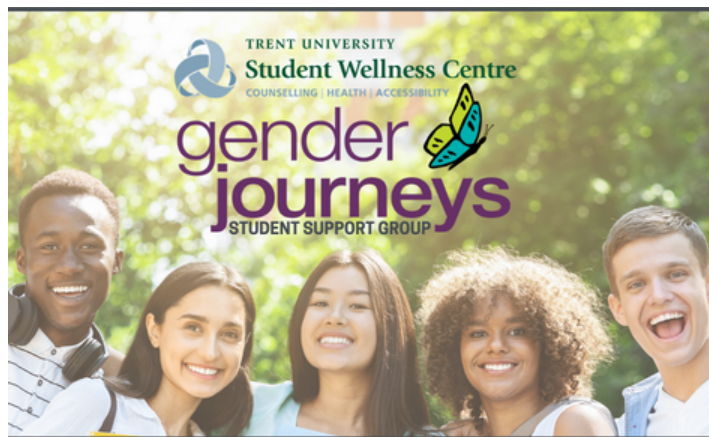
Trent: 1 to 3 p.m. Tuesdays starting September 15

This is a group specifically for Trent students which meets weekly to discuss living life as a trans student in the Trent Campus.

Fleming: 1 to 3 p.m. Sept. 24, Oct. 22, Nov. 26 and Dec. 10

This is a group specifically for Fleming students which meets monthly to discuss life as a trans student on the Fleming campuses.

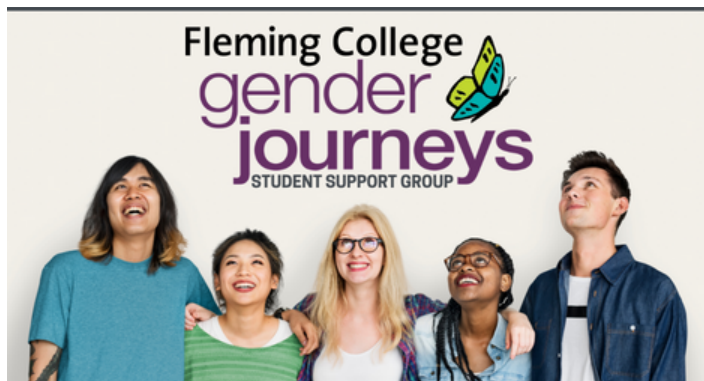
Contact us at genderjourneys@cmhahkpr.ca for more information or to register for any of our groups.



Tuesdays from 1 to 3 p.m., Sept. 15 to Dec. 8 via Zoom

✉ Email genderjourneys@cmhahkpr.ca to register.

Gender Journeys provides programming, education, and support services for transgender, 2-spirit, gender expansive, and questioning individuals.



Join us virtually from 1 to 3 p.m. on the fourth Thursday of the month starting September 24.

✉ Email genderjourneys@cmhahkpr.ca to register.

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Trans Artists

- **Kai Cheng Thom (she, her) - Writer, performer, cultural worker and Speaker**
<https://kaichengthom.com/>
- **Joshua Whitehead (he, him) - Writer**
<https://www.joshuawhitehead.ca/about>
- **Billy Porter (he, they, them) - Actor, director, writer, singer**
<https://billyporter.com/>