

gender journeys



August 2020

A Message from your Gender Journeys Team

Hi community members,

We hope you are all doing well. Thank you to all of you for continuing to make our programming a huge success in our community.

We are excited to announce that we will be offering our Trent drop in group virtually starting this September!

Building on the success of our virtual groups and events, we will continue to provide programming by video conferencing throughout the summer and fall. In certain instances, we can meet in person for individual peer support however this will be assessed on a case by case basis. Please read on for details about the groups we are offering and how to register. We also provide trans sensitivity training for organizations. Please reach out to us if you wish to book an appointment.

Stay cool and healthy,

Gender Journeys Staff

SEE THE NEXT PAGE FOR MORE DETAILS ABOUT WHAT'S HAPPENING AT GENDER JOURNEYS!



JK Rowling and the Chamber of Trans Youth Misinformation

• <https://tinyurl.com/y2um9d9r>

Ottawa adding new census questions on gender, Indigenous people, linguistic and ethnic minorities

• <https://tinyurl.com/yy5jqnhl>

GLAAD Reports LGBTQ Representation In Last Year's Hollywood Releases Is Both Better And Worse Than In Previous Years

• <https://tinyurl.com/yxvpxb49>



Canadian Mental Health Association

Haliburton, Kawartha, Pine Ridge
Mental health for all



@genderjourneys



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@genderjourneysHKPR

Upcoming Gender Journeys Virtual Events/Groups

New round of groups coming in September! Stay tuned to our social media for updates! Here are the descriptions of groups that we can offer:

TranZilient

This is a creative writing/expressive arts group for trans, non-binary, and questioning adults. Participants will explore gender expression, identity, and their experiences through the arts.

Core Group

This group is for adults exploring gender identity and expression. We provide up-to-date information about a variety of topics and the experience of transitioning. The group also fosters community support and connection.

Beyond Group

This is a loosely structured weekly group where trans, non-binary, and questioning folx can come together to socialize and discuss matters of importance to them.

Family Group

This group is for parents, grandparents, other relatives, or caregivers of a transgender or gender expansive person who are feeling isolated or want to lend support. The group provides education and support through reading materials and open discussion..

Youth Group

This is our Core curriculum designed specifically for youth ages 12-17 exploring gender identity and expression. Topics include: accepting and celebrating your true self; coming out to family and friends; dealing with discrimination; accessing health care.

Contact us at genderjourneys@cmhahkpr.ca for more information or to register for any of our groups.



Join us for our live streams!

We live stream on Instagram and Facebook on Mondays, Wednesdays, and Fridays at 4:30 p.m. We feature expressive arts examples as part of our bi-weekly social media challenge, as well as interviews with local trans folks and allied service providers. Get in touch if you or someone you know would like to join our live streams!



Gender Journeys Program Research

Gender Journeys is conducting research to make a case for the need for continued services. We'll be reaching out to past participants to invite them to participate in a research questionnaire, interview, or focus group.



Bi-Weekly Social Media Challenge

For a chance to win a \$50 prepaid credit card, participate in our Bi-Weekly Social Media Challenge. Check us out on Facebook, Instagram or Twitter!

Trans Artists

- **Ronnie Ritchie**

GQutie and Contributing Comic Artist for Everyday Feminism

<https://rritchiearts.tumblr.com/>

- **Sophie Labelle**

Assigned Male comics

<https://assignedmale.tumblr.com/>

- **Amos Mac**

Photographer

<https://www.amosmac.com/>

*I WASN'T "BORN A BOY," JUST AS MUCH AS
I DIDN'T "BECOME A GIRL." IT'S JUST
THAT NOBODY CARED TO ASK ME FIRST.*

*THE ONLY DIFFERENCE WITH CISGENDER
PEOPLE IS THAT THEY AGREE WITH THE GENDER
THEY'RE ASSIGNED...*



WWW.FACEBOOK.COM/ASSIGNEDMALE