

Date: May 15, 2019Time: 5:00pmPlace: Dalewood Golf Club, Cobourg

BOARD MINUTES	
Present: Drew Merrett, Mary Rea	ader, Valdis Cuvaldin, Jim Shipley, Pat Dunn, Keely Jacox, Heather Temple, John Lyons, Roger Hardy, Rob Seguin,
Sandra Hamilton, Paul Forget, Jess	sica Moore, Caroline Monsell (by telephone)
Staff Participants: Mark Graham,	Gord Langill, Yvonne Quackenbush
Regrets: Sue Grant	
Guest(s): Tracy Graham, Program	Manager, Four County Crisis-Community Mental Health Crisis Response & Ontario Telemedicine Network
Clinic	
Chair: Drew Merrett	Recorder: Yvonne Quackenbush, Decision Support Analyst
Co-Chair:	
Item / Topic	Discussion / Decision / Action / Motion
Welcome and Introductions	
1. Call to Order	Call to order at 5:04pm. Quorum met.
2. Declaration of Conflict	None expressed.
3. Approval of May 15, 2019	Motion: To approve the May 15, 2019 agenda as presented.
Agenda	Moved: John Lyons
	Seconded: Pat Dunn
	Carried
4. Board Volunteer Hours	Board volunteer hours collected.
	• Caroline Monsell (6), Drew Merrett (5), Heather Temple (5), Jessica Moore (4), Jim Shipley (28), John
	Lyons (5), Keely Jacox (4), Mary Reader (8), Pat Dunn (4), Paul Forget (5), Rob Seguin (5), Roger Hardy
	(4), Sandra Hamilton (4), Sue Grant (_), Valdis Cuvaldin (4)
Quality Improvement- Program P	resentation
5. Crisis Case Management –	• Tracy Graham, Program Manager of Crisis Case Management, Dual Diagnosis Collaborative Consultation
DDCCP & OTN	Clinic (DDCCP) and the Ontario Telemedicine Network (OTN) presented a program update report to the
	Board of Directors.
	Presented the team's Organizational Chart.
	Identified the services of the DDCCP:
	- Provides assessment, treatment and short-term follow up for individuals with a Dual Diagnosis within a
	multi-disciplinary team approach. The program was launched in July 2018.
	Funded by the Ministry of Children, Community and Social Services.
	Discussed the challenges the program faced in the beginning such as a long wait list, hard to serve



	individuals and the lack of specialized psychiatry staff.
	Dr. Gayathri Shyamal, in her practice, looks at ways we can decrease some medications and work with the behavioural as multiplet
	the behavioural consultant.
	Psychiatry hours were increased from 4 hours per month to 16 hours per week.
	• There are currently 63 individuals on the wait list (an average of 6 months).
	Dr. Ghatavi is providing some psychiatry supports during Dr. Shyamal's current parental leave.
	Peterborough Regional Health Centre (PRHC) was able to provide a Psychiatrist and Tri-County
	Community Support Services provided a Behavioural Consultant.
	• The program successfully presented at the Psychiatric Assessment Services for the Elderly conference
	Identified the services of the Assertive Outreach Suicide Prevention Program (AOSP):
	- Provides intensive support and follow up as well as family support to individuals whom have had a serious suicide attempt with the intent to die. The program was launched in June 2016 with family supports beginning in 2017. Hospital to Home services began in Kawartha Lakes in 2018.
	• Funded by Team 55, a private donor and the Run for Mental Health. No Ministry funding is provided.
	The AOSP services are linked to PRHC and Ross Memorial Hospital.
	• The program currently services to 183 individuals (137 in PTBO and 56 in KL).
	 An individual's suicide attempts are measured while in the program and post discharge calls for follow-
	up are made over a period of 2 years. During the follow-up time, 6 individuals have attempted suicide again.
	 Middle class is what is seen mostly and many if not most have not had any other dealings with CMHA.
	The only support they have received is from family doctors and in which there has been a disconnect
	followed by a major event in their lives that has caused them to attempt suicide.
	 The program to the 100 Men group in which they received \$10,000.
	 A question and answer period followed.
	- Mark spoke about the handouts and duded that they can be sent to the bourd electromeday.
	Each Board member could be provided with 10 business cards as a contact. Four County Crisis information will appear on the back of the cards
	information will appear on the back of the cards.
6.Consent Agenda Acceptance	Motion: To accept the April 17, 2019 Consent Agenda as presented with two date corrections to be made
a) Board minutes from	to the April 17, 2019 Board minutes.
April 17, 2019	Moved: Keely Jacox
	Seconded: Heather Temple
b) CEO Report	Carried
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7. Items Extracted from the	None
Consent Agenda	
8. Board Discussion on Q.I.	• The Board agreed that the team is doing a great job.
Presentation	 Mark noted that the Ministry is a week away from announcing details of funding and targets. The program works on a \$250,000 annual budget with \$100,000 for priority populations (i.e., LGBTQ, transgender, 2-spirit, and indigenous). Do we look at focusing the dollars to Gender Journeys, who are funded by Trillium and are in 2/3 of a 3-year commitment? Under the current government we are not likely to see funding for this program – the \$100,000 would be helpful to maintain sustainability. The number of participants is growing. The program is established in PTBO and KL, but not in Northumberland. Haliburton has a small population. Cameco could be approached for fundraising dollars.
9. a) Statement of Revenue & Expense-Ministry Funded	Deferred to June 19, 2019
9. b) Statement of Revenue &	
Expense-Other Funded	
9. c) Statement of Revenue & Expense-Fundraising/Fund Development	
9. d) Financial Report-April 2018 to March 2019 (Narrative)	
10. Urgent Matter	None
Business Arising	
11.	None
New Business	
12. a) BMO Documents	Motion: To accept and sign the BMO Resolution Guarantee and Loan agreements as presented. Moved: John Lyons Seconded: Mary Reader Carried



13. Correspondence	None	
In Camera Session		
14. In Camera Agenda (under separate cover)	Motion: To move 'In Camera' Moved: Jim Shipley Seconded: Valdis Cuvaldin Carried Motion: To move 'Out of Camera' Moved: Pat Dunn Seconded: John Lyons Carried	
	Rise and Report: No report.	
Anything Else:		
15. Round Table Discussions	Round Table Discussions were conducted.	
16. Adjournment	Motion: To adjourn at 7:20pm	
	Moved: Jim Shipley	
	Seconded: Heather Temple	