



Date: April 17, 2019

Time: 5:00pm

Place: 466 George Street North

BOARD MINUTES	
Present: Drew Merrett, Mary Reader, Valdis Cuvaldin, Jim Shipley, Keely Jacox, Heather Temple, John Lyons, Sue Grant, Roger Hardy, Rob Seguin, Sandra Hamilton, Paul Forget, Jessica Moore	
Staff Participants: Mark Graham, Linda Saunders, Yvonne Quackenbush	
Regrets: Pat Dunn, Caroline Monsell	
Guest(s): Jonathan, Program Manager, Justice Services and Case Management Mental Health (Kawartha Lakes)	
Chair: Drew Merrett Co-Chair:	Recorder: Yvonne Quackenbush, Decision Support Analyst
Item / Topic	Discussion / Decision / Action / Motion
Welcome and Introductions	
1. Call to Order	<ul style="list-style-type: none"> • Call to order at 5:02pm. Quorum met.
2. Declaration of Conflict	<ul style="list-style-type: none"> • None expressed.
3. Approval of April 17, 2019 Agenda	<p>Motion: To approve the April 17, 2019. Moved: John Lyons Seconded: Heather Temple Carried</p>
4. Board Volunteer Hours	<ul style="list-style-type: none"> • Board volunteer hours collected. • Caroline Monsell (17), Drew Merrett (20), Heather Temple (11), Jim Shipley (46), John Lyons (7), Keely Jacox (9), Mary Reader (10), Pat Dunn (___), Paul Forget (7), Rob Seguin (16), Roger Hardy (6), Sandra Hamilton (5), Sue Grant (4), Valdis Cuvaldin (20)
Quality Improvement- Program Presentation	
5. Justice Services	<ul style="list-style-type: none"> • Jonathan Hewitt, Program Manager of Justice Services and Case Management Mental Health (Kawartha Lakes), presented a Quality Improvement (Q.I.) report to the Board of Directors. • Identified the purpose of the Justice Services program: <ul style="list-style-type: none"> - To provide support for consumers who are involved with the Justice system within the four counties with navigating the court system, on site support related to understanding the charges, providing assistance between the Crown and defense Attorneys, monitoring diversion compliance, court support of clients participating in the Community Support Court, Release from Custody case management, and pre-charge diversion. • Presented the team's Organizational Chart. • Described the Pathway to Service for Justice Services.



- Explained the program's funding sources and statistical services targets that the program is required to meet and report.
- Program successes stories such as an individual with a diagnosis of schizoaffective disorder who stopped medication and experienced mania. He was released on his own recognizance and left the area. Staff worked with his family to bring him back to the area and undergo a hospital stay. Since that occurrence he is active in community supports, connected with a C.T.O. nurse and meets with his psychiatrist regularly. He is participating in exercise and helping his aging mother. Another program success is the redevelopment of the pre-charge diversion program in Peterborough, which will have a significant impact over time on the community as the improved criteria will give officers more discretion to refer clients for mental health support instead of laying formal charges which criminalizes marginalized individuals and uses court resources unnecessarily.
- Challenges the program faces, such as meeting stats due to difficulty related to access at Central East Correctional Centre over the past two years and how it affects client supports.
- Reviewed the current Quality Improvement (Q.I.) project that will improve the data collection by identifying the root causes, developing a new note documentation style to capture contacts more effectively, getting past the challenge hurdles and realizing that some of the issues related to individuals served were outside of our control and that the stats being collected were not reflective of the work being done, in order to fall within the Ministry corridors by the end of the 2018-2019 fiscal year. The lack of timely access to psychiatric support in Kawartha Lakes is creating barriers and slowing the access to services within Justice Services and case management programs. The aim is to reduce the wait time for accessing psychiatry for three months to one month through the creation of a C.M.H.A. specific psychiatric clinic in collaboration with Ross Memorial Hospital.
- Described how Justice Services relates to the Strategic plan priorities in how we are supporting or clients and the community through advocacy and collaboration with community partners to ensure equitable high quality mental health services.
- The start of the Psychiatric Clinic bringing timely access aligns with our agency Mission and Vision to provide best practice services by ensuring that our supports are being provided from a sound framework of understanding in relation to an individual's mental health concern.
- Meets the Accreditation Standard requirement to invest in quality services. The clinic is designed with the intention of meeting the needs of both clients and the community and as discussed earlier is co-designed with Ross Memorial Hospital based on the challenges clients and families have articulated in accessing services.
- A question and answer period followed.



<p>6. Consent Agenda Acceptance a) Board minutes from April 17, 2019 b) CEO Report</p>	<p>Motion: To accept the April 17, 2019 Consent Agenda as presented. Moved: Mary Reader Seconded: Paul Forget Carried</p>
<p>7. Items Extracted from the Consent Agenda</p>	<ul style="list-style-type: none"> • Mental Health Hub
<p>8. Board Discussion on Q.I. Presentation</p>	<ul style="list-style-type: none"> • The Board agreed it was a great presentation and it's nice to see the program's new systems moving forward. • Good to know the identifiers and how they meet targets (visits) – very different from the corporate world. • Mark explained sessional dollars and how clients are moved through the queue. • John talked about how well the program is going to work with and it's potential to grow. • It's unknown whether investment in the program and funding will grow. • Drew commented on how much more C.M.H.A. H.K.P.R. has grown since the last Accreditation.
<p>9. a) Statement of Revenue & Expense-Ministry Funded 9. b) Statement of Revenue & Expense-Other Funded 9. c) Statement of Revenue & Expense-Fundraising/Fund Development 9. d) Financial Report-April to November 2018 (Narrative)</p>	<ul style="list-style-type: none"> • Deferred to June 19, 2019
<p>10. Urgent Matter</p>	<ul style="list-style-type: none"> • None
<p>Business Arising</p>	
<p>11. a) Cameco Announcement</p>	<ul style="list-style-type: none"> • Cameco is committed to a 3-year mental health campaign (currently in the second year). • The beginning stages will be released to the public in May. • All monies raised will go to a mental health fund and organizations can apply for the funds to be used in the community. • In the first year Cameco held a golf tournament and raised \$30,000.



	<ul style="list-style-type: none">• The next big event will be a Run for Mental Health to be held in Port Hope in September.• Michael Landsberg will be the key note speaker and will present at the Port Hope High School and to the community at the Cameco Capital Theatre.• Cameco will cover the cost of the presentations, but are looking for sponsorship.
New Business	
12. a) Board Comments from the C.M.H.A. Ontario Conference	<ul style="list-style-type: none">• Heather commented that it was an awesome day!<ul style="list-style-type: none">- The first speaker was fantastic on empathy.- The second presented on Compassion Fatigue (CF) and was quite funny.- There was a lot of information on Governance and in particular the financial end.- The next session was on Transgender and presented by Stacey Love-Jolicoeur.• Valdis shared that the CF presentation was good and funny.<ul style="list-style-type: none">- The Self Day was based on self-help presentations.- The second day had good Board and fundraising efforts.- Good opportunities for connecting with the Board members outside of the Board meetings.• Jim thought the conference was very positive and forward thinking.<ul style="list-style-type: none">- Governance was intuitive and also included risk management.- Impressed by the presenters and how they spoke.- Q.I. was good and we need to be more involved here.• Mark enjoyed the keynotes and found them on point.<ul style="list-style-type: none">- Executive Directors did not partake in most of the plenary workshops.- Attended the Assistant Deputy Minister’s presentation on the Ontario Health Teams; there will be one in Kawartha Lakes, Peterborough and Northumberland and the rest will be in Markham and Scarborough.- Looked at Q.I. projects for case management programs.- Gord Langill received the Distinguished Excellence Award for expertise in clinical services, recognized by C.M.H.A. Ontario.- The conference was laid back and there was time in between presentations to network.• Linda would like to bring in the person who presented on CF at an all-staff meeting.<ul style="list-style-type: none">- She attended sessions on Q.I. and assessments tools, and OPOC (surveys based on client experience with services).- There is some Ministry funding for Q.I.• Drew thought the conference was better than that held by C.M.H.A. National.<ul style="list-style-type: none">- There was always a session for Board members to attend and topics were more beneficial.



13. Correspondence	<ul style="list-style-type: none">• None
In Camera Session	
14. In Camera Agenda (under separate cover)	<p>Motion: To move 'In Camera' Moved: Keely Jacox Seconded: Mary Reader Carried</p> <p>Motion: To move 'Out of Camera' Moved: John Lyons Seconded: Mary Reader Carried</p> <p>Rise and Report: Moved: Seconded: Carried</p>
Anything Else:	
15. Round Table Discussions	<ul style="list-style-type: none">• Round Table Discussions were conducted.
16. Adjournment	<p>Motion: To adjourn at 8:07pm Moved: Rob Seguin Seconded: Heather Temple</p>