

Kawartha Lakes Wellness and Recovery Activities Calendar U 201

Monday	Tuesday	Wednesday	Thursday	Friday
Monthly Wellness Topic:				
	Wellness Group 1 p.m. to 3 p.m. 8 James St., Omemee			
	Wellness Group 1 p.m. to 3 p.m. 123 Need St., Bobcaygeon			
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	2 Wellness Group 1 p.m. to 3 p.m. 123 Need St., Bobcaygeon	2		#U = ° '= Mh k ' 8 7

Notes:

• Please note that programs are subject to change in the event of an emergency.

Contact: Billie Davis, Peer Support Worker, bdavis@cmhahkpr.ca, 705-328-2704 extension 4051