

Journeying Together

Support and education for people caring for individuals experiencing mental health concerns

Your loved one does not need to be diagnosed or receiving mental health support for you to seek service. No referral is necessary.

Upcoming dates:

March 15, April 19, May 17, June 21

5:30 p.m. to 7:30 p.m.

Contact for registration:

Vanessa Hoag

Family Education & Support Worker

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705-328-2704 extension 4027



Canadian Mental
Health Association

Haliburton, Kawartha, Pine Ridge
Mental health for all



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