

Fleming College Presents

First Responders Cup



Fleming College's Pre-Service Firefighter, Paramedic, Customs Border Services and Police Foundations students are excited to be hosting the second annual First Responders Cup!

What exactly is the First Responders Cup?

- This ultimate fitness competition features eight challenges, including a mix of fire, police, paramedic and customs border services-focused exercises;
- Six-person teams, with a minimum of two women, test their stamina in an eight-hour fitness battle;
- Every hour, teams will be assigned a fitness challenge and will be timed as they complete it;
- Participants are encouraged to fundraise to cover the \$300 cost per team (\$50 per participant).

Saturday, April 14th, 2018 from 9 a.m. to 5 p.m.
Sport & Wellness Centre, 775 Brealey Dr., Peterborough

To register or pledge a participant, go to:

<https://raceroster.com/events/2018/16057/2nd-annual-first-responders-cup>

This event is a fundraiser for the Canadian Mental Health Association, Haliburton, Kawartha, Pine Ridge. Teams are encouraged to fundraise entry fees and collect pledges. Prizes will be awarded to the top fundraisers.

For more information, contact Jodi Van Engen at 705-768-3825 or jodi.van_engen@flemingcollege.ca



**Canadian Mental
Health Association**

Haliburton, Kawartha, Pine Ridge
Mental health for all