

Omemeo and Bobcaygeon Wellness Outreach Group Calendar

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Monthly Wellness Topic: Coping with Depression				
6	7 Omemeo Wellness Group 1 p.m. to 3 p.m. 8 James St., Omemeo	8	9	10
13	14 Bobcaygeon Wellness Group 1 p.m. to 3 p.m. 123 Need St., Bobcaygeon	15	16	17
20	21 Omemeo Wellness Group 1 p.m. to 3 p.m. 8 James St., Omemeo	22	23	24
27	28 Bobcaygeon Wellness Group 1 p.m. to 3 p.m. 123 Need St., Bobcaygeon	29	30	

Notes:

- Please note that programs are subject to change in the event of an emergency.