



Canadian Mental Health Association Haliburton, Kawartha, Pine Ridge Mental health for all

## Team55 Let's Tackle Suicide Awareness – E.C.N.O. Fund Grant

## Background:

In September of 2013 Heather and Dave Pogue launched **Team55** Let's Tackle Suicide Awareness, following the tragic death of their son by suicide. Through a collaboration of family, friends and the Canadian Mental Health Association, Haliburton, Kawartha, Pine Ridge (C.M.H.A. H.K.P.R.) **Team55** is dedicated to creating a suicide safer community. **Team55** has helped significantly to break the stigma associated with suicide, encouraging people to talk about their mental health and to seek help through various awareness and education initiatives.

In June of each year the E.C.N.O. (Educational Computing Network of Ontario) Conference takes place. E.C.N.O. is a nonprofit information technology cooperative incorporated to promote best practices and provide cost-effective IT solutions to its members. E.C.N.O. membership includes all 72 school boards in the province of Ontario. Each year, the E.C.N.O. conference committee decides on a charity that they would like to support that benefits the lives of children. In 2015 they chose **Team55**.

Dave and Heather Pogue spoke at the 2015 conference, sharing their emotional story and their determination to foster hope that suicide can be prevented. Following the conference, **Team55** received a donation of \$10,546 which is held in trust by C.M.H.A. H.K.P.R. It is **Team55**'s wish that these funds be used to further the work of **Team55** to end the stigma of mental illness, and save lives. Consequently, through a province wide grant opportunity in 2016, \$6,150 was distributed to highschools engaged in mental health projects. There is still a further \$3,796 available.

**Opportunity:** We are pleased to advise that **Team55** is again offering grants within the four counties served by C.M.H.A. H.K.P.R. Local schools have the opportunity to apply for funds to be used to initiate grass roots initiatives within their school community, furthering the vision of **Team55** for a suicide safer community. The funds should be used to raise awareness regarding mental health and to incorporate strategies to prevent suicide.

**Funding Guidelines:** Schools may apply for funds from \$250 up to \$1000. Applications are sent directly to C.M.H.A. H.K.P.R. A committee composed of C.M.H.A. H.K.P.R. and **Team55** will decide on the winners. Applications must be received at C.M.H.A. H.K.P.R. by March 1, 2017. Once selections have been made, the funds will be released by April 1, 2017 (and must be used by the end of the 2017/2018 school year.) The school must submit a final report regarding how the funds were used by May 31, 2018. If the funds are used during the 2016-17 school year, the report should be submitted by May 31, 2017.

## How to Apply:

Please complete the attached form including the name and contact information for the teacher or councillor who will be assisting students in the project, keeping in mind the project should be a <u>student identified</u> initiative.

The completed application should be sent to C.M.H.A. H.K.P.R. to Kerri Davies, Manager of Development <u>kdavies@cmhahkpr.ca</u> by the March 1st deadline. If you have any questions, you can call Kerri at 705-748-6687 – ext. 1048.

Thank you! We look forward to hearing from you.





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Name of School:	 
School Board:	 
School Address:	 
Contact Person Name:	 
Contact Phone:	 Contact Email:

- 1. Describe your school's project:
- 2. How will this project reduce the stigma associated with mental illness and promote a mentally healthy community?
- 3. How many students or community members will the project impact?
- 4. How will you know if the project has been successful?
- 5. What is the cost of the project? Please provide a budget including the expected revenues of any fundraising initiatives and the cost of the project including printing, venues, or other expenses.
- 6. When will you launch the project?
- 7. When is the project to be completed? (Must be completed by May 31, 2018)